



# WATER WATCHER

While wearing this tag,  
I agree to supervise the children  
in the open water or pool,  
keeping them in sight at all times.

I will not leave the water area  
without finding an adult to replace me.



For water safety tips please visit Safe Kids  
Worldwide at: [www.usa.safekids.org/water](http://www.usa.safekids.org/water)

For emergencies  
call **911**



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## BASIC LIFE SUPPORT



**1** OPEN AIRWAY - BE CAREFUL NOT TO OVEREXTEND

LOOK, LISTEN AND FEEL.



**2** PINCH NOSE, COVER MOUTH, AND GIVE 1 NORMAL BREATH OF AIR OVER 1 SECOND UNTIL CHEST RISES..



**3** BEGIN CHEST COMPRESSIONS AT A RATE OF 30 COMPRESSIONS TO 2 BREATHS.

**PARAMEDICS - 911**



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